

Staff Selection Commission (SSC) is an organization under [Government of India](#) to recruit staff for various posts in the various Ministries and Departments of the [Government of India](#) and in Subordinate Offices.

This commission is an attached office of the [Department of Personnel and Training \(DoPT\)](#) which consists of Chairman, two Members and a Secretary-cum-Controller of Examinations. His post is equivalent to the level of Additional Secretary to the Government of India.

Age Limitation as per the SSC CGL Eligibility Criteria

The age limitation for the SSC CGL is as follows:

Name of the POST	Required age
Inspector of Income Tax Inspector of Central Excise Inspector (Preventive officer) Inspector (Examiner) Inspector of Posts Assistant Enforcement Officer Inspector (CBN) Compiler Divisional Accountants Auditors Upper Division Clerk Tax Assistants Junior Accountant Sub-Inspector (CBN)	From 18 years to 27 years of age is required.
Statistical Investigator Grade II	Not more than 26 years of age
Assistants/ Sub-Inspector in CBI	From 20 years to 27 years

AGE Relaxation under the SSC Eligibility Criterion

The constitution of India also provides the age relaxation for the reserved categories, the detail of which is provided in the following table:

Category	Age Relaxation
Other Backward Category (OBC)	03 years
Scheduled caste and Scheduled Tribes	05 years
Physically Handicapped students	10 years
PH + OBC	13 years
PH + SC/ST	15 years

Physical Fitness required as per the SSC Eligibility Criteria 2016

Physical Standards for the Inspector (Central Excise/ Examiner/Preventive officer)

Sex	Height	Chest	Weight
Male	157.5 cm	Chest must be 81 cm with a minimum of 5 cm expansion. Note: The Garhwali, Assamese, Gorkhas and the Scheduled Tribes Candidates have been given a relaxation of 5 cm.	–
Female	152 Cm. height can be relaxed by 2.5 cm	–	Weight must be 48 kgs. Note: The Garhwali, Assamese, Gorkhas and the Scheduled Tribes Candidates have been given a weight relaxation of 2 kgs.

Standards for Physical Test

The candidates must also see the physical standard as per the Physical Test is considered:

Sex	Walking	Cycling
Male	The candidates will have to cover 1600 meters in 15 minutes	The candidates will have to walk 8 kMs in 30 minutes.
Female	The candidates will have to cover 1000 meters in 15 minutes.	The candidates will have to walk 3 Kms in 25 minutes.

Physical Standards for Sub-Inspector in CBI

The candidates should check the required physical standards for SI in CBI as per the SSC CGL Eligibility Criteria 2016:

Sex	Required Height	Chest Measure	Vision required
Male	The height must not be less than 165 cms for General category candidates. Height can be relaxed for Hill and tribal candidates by up to 5 cms	A minimum of 76 cms With expansion.	Vision: Eye-sight (with or without glasses) Distant vision: 6/6 in one and 6/9 in the other eye. Near vision: 0.6 in one eye and 0.8 in other eye.
Female	150 cms.	–	Same